

# CENTRAL NEIGHBOURHOOD HOUSE- 349 Ontario Street, Toronto, ON, M5A 2V8

## Program Calendar - October 2017

Community Development (in black) **Kidz Klub** (in green) **Women's Programs** (in red) **Girls Programs** (in purple) **Boys Program** (in orange) **Youth Programs** (in blue)



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>1</p> <p>2:30- 4 pm Homework Club</p> <p>2:30- 4:30 pm Peer Led Hockey Club</p> <p>4:30- 7:30 pm Recreational Basketball, Table Tennis and Chess</p>	<p>2</p> <p>1-3 pm Yoga</p> <p>St. James Town</p> <p><b>Voicemail</b> 12:30-3:30 pm</p> <p>Kidz Klub 3- 6 pm</p> <p>UW Days of Caring</p>	<p>3</p> <p>1-3 pm English Conversation</p> <p>Kidz Klub 3-6 pm</p> <p>Making cupcakes</p> <p>First Fire Dance at The Citadel</p>	<p>4 <b>Voicemail</b> 12:30-3:30</p> <p><b>Line Dancing</b> 7-10 pm</p> <p>Kidz Klub 3-6 pm</p> <p>Balloon Rocket experiment</p> <p><b>GEMS Starts!</b> 6-8 pm</p> <p><b>Girls Empowered for More Success</b></p>	<p>5 <b>Mandarin 10-12</b></p> <p><b>Tamil, East African, Bengali 1-3</b></p> <p><b>Boyz2Men Step Up 6-8</b></p> <p>Kidz Klub 3- 6 pm</p> <p>Book Bank</p> <p>First Fire Dance at the Citadel 4-7</p>	<p>6</p> <p>Kidz Klub 3-6 pm</p> <p>Public School PA day</p> <p><b>Boyz 2 Men 6-8 pm</b></p> <p>Cooking, sports, talk circle</p> <p>Thanksgiving Dinner</p>	<p>7 <b>1:30-3 pm Girls Social/Recreational Program</b></p> <p>3-6 pm Transformation Club/Thanksgiving</p> <p>1-4 pm Homework Club</p> <p>6-8:30 pm Social and Recreational Club</p>
<p>8</p> <p>2- 4 pm Homework Club</p> <p>2:30- 4:30 pm Peer Led Hockey Club</p> <p><b>4:30-8:30 Hoop Dreams Basketball Tournament</b></p>	<p>9 <b>Thanksgiving Day</b></p>  <p><b>CNH Closed</b></p>	<p>10</p> <p>1-3 pm English Conversation</p> <p>Kidz Klub 3-6 GYM games</p> <p>First Fire Dance at the Citadel 4-7</p>	<p>11 Kidz Klub 3-6 pm</p> <p>Jeopardy Trivia games/Book Bank</p> <p><b>Voicemail</b> 12:30-3:30 pm</p> <p><b>Line Dancing</b> 7-10 pm</p> <p><b>GEMS- Girls Empowered for More Success</b> 6-8 pm</p>	<p>12 <b>Tai Chi 1-3 pm</b></p> <p>Kidz Klub 3-6 pm</p> <p>Meridian Arcade Day</p> <p>First Fire Dance at the Citadel 4-7</p> <p><b>Boyz2Men Step Up 6-8 pm Leadership, cooking, sports</b></p>	<p>13 Kidz Klub 3-6 pm</p> <p><b>Boyz 2 Men 6-8 pm</b></p> <p>Cooking, sports, mentoring</p> 	<p>14</p> <p><b>1:30-3 Girls Social and Recreational Program</b></p> <p>3-6 pm Transformation Club</p> <p>1-4 pm Homework Club</p> <p>6-8:30 pm Social and Recreational Club</p>
<p>15</p> <p>2:30- 4 pm Homework Club</p> <p>2:30- 4:30 Peer Led Hockey Club</p> <p>4:30- 8:30 Recreational Basketball, Table Tennis and Chess</p>	<p>16 1-3 pm Yoga</p> <p>S. James Town</p> <p>Kidz Klub 3 - 6 pm</p> <p>UW Days of Caring</p> <p><b>Employment Services</b></p> <p>8:30-4:30 pm</p> <p><b>Voicemail</b> 12:30-3:30 pm</p> <p><b>Line Dancing</b> 7-10</p>	<p>17 1-3 pm English Conversation</p> <p>Kidz Klub 3 - 6 Tacos</p> <p>First Fire Dance at the Citadel 4-7</p> 	<p>18 Kidz Klub 3- 6 pm</p> <p>Design Parachute and Test it</p> <p><b>Voicemail</b> 12:30-3:30 pm</p> <p><b>Line Dancing</b> 7-10 pm</p> <p><b>GEMS- Girls Empowered for More Success</b> 6-8 pm</p>	<p>19 <b>Mandarin 10-12</b></p> <p><b>Tamil, East African, Bengali 1-3</b></p> <p>Kidz Klub 3- 6</p> <p>Book Bank</p> <p>First Fire Dance at the Citadel 4-7</p> <p><b>Boyz2Men Step Up 6-8 pm</b></p>	<p>20</p> <p>Kidz Klub 3-6 pm</p> <p>Francophone PA Day</p> <p><b>Boyz 2 Men 6-8 pm</b></p> <p><b>Cooking, sports</b></p>	<p>21 <b>1:30-3 pm Girls Social/Recreational program</b></p> <p>3-6 pm Transformation Club</p> <p>1-4 pm Homework Club</p> <p>6-8:30 pm Social and Recreational Club</p>
<p>22</p> <p>2:30- 4 pm Homework Club</p> <p>2:30- 4:30 Peer Led Hockey Club</p> <p>4:30- 8:30 Recreational Basketball, Games Table Tennis and Chess</p>	<p>23 1-3 pm Yoga</p> <p>St. James Town</p> <p>Kidz Klub 3- 6 pm</p> <p>UW Days of Caring- Pumpkin Carving</p> <p><b>Employment Services</b></p> <p>8:30-4:30 pm</p> <p><b>Voicemail</b> 12:30-3:30 pm</p>	<p>24</p> <p>1-3 pm English Conversation</p> <p>Kidz Klub 3-6 pm</p> <p>GYM Activities</p> <p>First Fire Dance at the Citadel 4-7</p>	<p>25</p> <p>Kidz Klub 3-6 pm</p> <p>Making slime</p> <p><b>Voicemail</b> 12:30-3:30 pm</p> <p><b>Line Dancing</b> 7-10 pm</p> <p><b>GEMS- Girls Empowered for More Success</b> 6-8 pm</p>	<p>26</p> <p><b>Tai Chi 1-3 pm</b></p> <p>Kidz Klub 3-6 pm Book Bank</p> <p>First Fire Dance at the Citadel 4-7</p> <p><b>Boyz2Men Step Up 6-8 pm Game Night</b></p>	<p>27</p> <p>Kidz Klub 3-6 pm</p> <p>Meridian Arcade Day</p> <p><b>Boyz 2 Men 6-8 pm</b></p> <p><b>Cooking, sports, mentoring</b></p>	<p>28</p> <p><b>1:30-3 pm Girls Recreational program</b></p> <p>3-6 pm Transformation Club</p> <p>Haunted House</p> <p>1-4 pm Homework Club</p> <p>6-8:30 pm Social and Recreational Club</p>
<p>29</p> <p>2:30- 4 pm Homework Club</p> <p>2:30- 4:30 Peer Led Hockey Club</p> <p>4:30- 8:30 Recreational Basketball, Table Tennis Chess</p>	<p>30 1-3 pm Yoga</p> <p>St. James Town</p> <p>Kidz Klub 3- 6 pm</p> <p>Drama and Arts/Crafts</p> <p><b>Employment Services</b></p> <p>8:30-4:30 pm</p> <p><b>Voicemail</b> 12:30-3:30 pm</p> <p><b>Line Dancing</b> 7-10</p>	<p>31</p> <p>1-3 pm <b>Women's Club</b></p> <p>English Conversation</p> <p>Kidz Klub 3 to 6 pm</p> <p>Halloween Activities</p> <p>First Fire Dance at the Citadel 4-7</p>	<p>Nov 1</p> <p>Kidz Klub 3-6 pm</p> <p><b>Voicemail</b> 12:30-3:30 pm</p> <p><b>Line Dancing</b> 7-10 pm</p> <p><b>GEMS- Girls Empowered for More Success</b> 6-8 pm</p>	<p>Nov 2 <b>Mandarin 10-12</b></p> <p><b>Tamil, East African, Bengali 1-3</b></p> <p>Kidz Klub 3-6 pm</p> <p>First Fire Dance at the Citadel 4-7</p> <p><b>Boyz2Men Step Up 6-8 pm</b></p>		
						

## YOUTH PROGRAMS

Workshops on employability, arts leadership, recreation, skill building, and fun!

### **GEMS Girls Empowered for More Success!**

Girls and Young Women sports, leadership, arts and social GEMS Wednesdays 6-8 pm Activities include arts, homework, games, outings and discussion girls contact Franny [fclement@cnh.on.ca](mailto:fclement@cnh.on.ca) or Jessica [fhines@cnh.on.ca](mailto:fhines@cnh.on.ca)

**Girls Social and Sport Program: Saturdays 1:30-3 pm** ages 13 to 24 with Raymond. Youth Program Coordinator [Rkoyo@cnh.on.ca](mailto:Rkoyo@cnh.on.ca)

### **Co-ed KIDZ Recreation Transformation Club!**

for 8 to 13 year olds! Saturdays from 3 pm to 5 pm with **Raymond and Khimar'**

**Sunday OCTOBER 8th HOOP DREAMS! Tourney from 4:30 pm to 8:30 pm. YOUTH Basketball Tournament!** Please arrive early for registration and set up. 6 teams compete! Prizes and Fun! Come on out and see the action! Please contact **Raymond** at 416-925-4363 ext. 150 or email [rkoyo@cnh.on.ca](mailto:rkoyo@cnh.on.ca)



**FIRST FIRE DANCE** Juniors (ages 7-12) and Seniors (ages 13-18) program now at The Citadel! Tuesday/Thursdays 4 to 7 pm contact Dana [akwego@councilfire.ca](mailto:akwego@councilfire.ca)



For **YOUTH** programming please contact **Raymond**, [Rkoyo@cnh.on.ca](mailto:Rkoyo@cnh.on.ca) **DROP IN** or call 416-925-4363 ext.150 **Drop In BASKETBALL**, and **Table Tennis:** Saturday and Sunday from 4:30 to 8:30 pm\*\*\* when there are no other programs scheduled in the gym or field trips planned

### **BOYZ 2 MEN Club**

**NEW!!! Boyz 2 Men STEP UP! THURSDAYS 6 to 8 pm** for ages 13 to 14 with Raymond. Mentoring, recreation, cooking and leadership! **B2M Seniors 6 to 8 pm** Friday evenings **for ages 15 to 17.** For questions or to register please contact **Raymond**, Youth Coordinator [Rkoyo@cnh.on.ca](mailto:Rkoyo@cnh.on.ca)



## Our Kidz Klub and Tutoring!

A free **Afterschool Program KIDZ KLUB** 3 to 6pm each weekday. Homework support, literacy, physical and social recreation activities, as well as snacks to the after school crowd. This program helps children foster positive relationships with their peers, and best of all-IT'S FUN! By registration only (no drop-in).



To register for Kidz Klub or Tutoring contact **Franny**, Program Coordinator 416-925-4363 x101, cell 416-797-5043 [fclement@cnh.on.ca](mailto:fclement@cnh.on.ca)

## TUTORING PROGRAMMING

This program matches young students with to help with homework. Volunteer tutors are carefully matched to provide an optimum learning experience. During the school year. Please **VOLUNTEER!**

### **Weekend HOMEWORK Club:**

Supports students to achieve their best! For high school students: Grades 9 to 12. contact **Khimar'**, Children and Youth Worker [kmorgan@cnh.on.ca](mailto:kmorgan@cnh.on.ca)

### **Peer Led Floor HOCKEY Club**

Sundays from 2:30 to 4:30 pm **CHESS Club** come sharpen your strategic game skills!

Our **WOMEN'S CLUB** provides language-specific workshops in the Bengali, Tamil, Mandarin, Somali and Swahili. Workshops focus on community engagement, employment, parenting skills, ending violence, and navigating Canadian systems. Activities include yoga, Tai Chi, expressive arts, storytelling, line dancing and cooking. Informal counselling, support, and advocacy are also provided.

For more information about Women's Programs please contact **Safia**, **Women's Program Coordinator 416-925-4363 ext. 120** or [shirsi@cnh.on.ca](mailto:shirsi@cnh.on.ca)



## COMMUNITY DEVELOPMENT

Our Community VOICEMAIL Project is an alternative way for people to stay connected to their contacts. **Registration:** Mondays and Wednesdays from 12:30 to 3:30 at CNH. For more information contact: Suchana at [spandey@cnh.on.ca](mailto:spandey@cnh.on.ca)

**LINE DANCING** Toronto Wranglers. Workshop Mondays and Wednesdays 7-10 pm the first hour beginner instruction followed by an hour of improver and intermediate level dances along with open dancing. \*\*\*Drop-in fee of \$5.00 per class. Doors are only open from 6:45-7:30 pm [www.torontowranglers.com](http://www.torontowranglers.com)



**EMPLOYMENT SERVICES** on Mondays 8:30-4:30 pm at CNH. Come in for employment counselling, résumé writing and interview preparation, and access to exclusive hiring fairs and events. Drop-in or contact [ahurl@neighbourhoodlink.org](mailto:ahurl@neighbourhoodlink.org) 416-691-7407 ext.323 to make an appointment