

CENTRAL NEIGHBOURHOOD HOUSE

Program Calendar - **September 2019**

349 Ontario Street, Toronto, ON, M5A 2V8 www.theneighbourhoodgroup.org

Community Development (in black) Children's programs (in green) Women's Programs (in red) Girls Programs (in purple) Boys Program (in orange) Youth Programs (in blue)



| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|---|--|---|--|---|--|
| 1 2:30- 4:30 Hockey Club 4:45-8:30 Social and Recreational Club | 2 Labour Day  CNH Closed | 3 Community Garden Regent Park Cooking/ Boxing Club 3:30pm-5:30pm | 4 Voicemail 12:30-3:30 pm Community Garden Allen Garden 10-11:30 Sports and Challenger's - 3:30-5:30pm Line Dancing 7-9:30 pm | 5 Cooking/ Boxing Club 3:30pm-5:30pm | 6 6-8:30 B2M/Youth Social Space Winchester Square 4-5:3 Freestyle Fridays – 3:30-5:30pm | 7 St James Town and Cabbagetown Festival!!! 1:30-3 pm Girls Social and Recreational Program 3-6 Transformation: Labor Day/ breakfast/cooking 6-8:30 pm Recreational Club |
| 8 Cabbagetown Festival!!! 2:30- 4:30 Hockey Club 4:45-8:30 Social and Recreational Club | 9 Sports and Challenger's -3:30-5:30pm Voicemail 12:30-3:30 pm | 10 Women's Club 1-3 pm English Conversation Community Garden Regent Park 10 Cooking/ Boxing Club 3:30pm-5:30pm | 11 Voicemail 12:30-3:30 pm Community Garden Allen Garden 10-11:30 Sports and Challenger's - 3:30-5:30pm Line Dancing 7-9:30 pm | 12 Mandarin 10-12 pm Women's Club 1-3 pm East Africa, Tamil, Bengali Discussion Cooking/ Boxing Club 3:30pm-5:30pm | 13 6-8:30 B2M/Youth Social Space Community Garden Winchester Square 4-5:3 Freestyle Fridays – 3:30-5:30pm | 14 1:30-3 pm Girls Social and Recreational Program 3-6 Transformation: What have we built? Labour Day Basketball/Cooking/ Social 6-8:30 Social and Recreational Club |
| 15 2:30- 4:30 Hockey Club 4:45- 8:30 Social and Recreational Club- | 16 Women's Yoga at St. James Town Corner Sports and Challenger's - 3:30-5:30pm Voicemail 12:30-3:30 pm | 17 Women's Club 1-3 pm English Conversation Cooking/ Boxing Club 3:30pm-5:30pm Community Garden Regent Park | 18 Voicemail 12:30-3:30 Community Garden Allen Garden 10-11:30 Sports and Challenger's - 3:30-5:30pm Line Dancing 7-9:30 pm | 19 Mandarin 10:00-12:00pm Women's Club; Tamil, East African & Bengal discussion 1-3 pm Cooking/ Boxing Club 3:30pm-5:30pm | 20 6-8:30 B2M/Youth Social Space Community Garden Winchester Square 4-5:30 Freestyle Fridays – 3:30-5:30pm | 21 Repair Café 12-4pm 1:30-3 pm Girls Social and Recreational Program 3-6 Transformation: Making it to the Next Grade/ School Celebration! 6-8:30 pm Social and Recreational Club |
| 22 2:30- 4:30 Hockey Club 4:45- 8:30 Social and Recreational Club | 23 Women's Yoga at St. James Town Corner Sports and Challenger's - 3:30-5:30pm Voicemail 12:30-3:30 pm | 24 Women's Club 1-3 pm English Conversation Cooking/ Boxing Club 3:30pm-5:30pm Community Garden Regent Park | 25 Voicemail 12:30-3:30 Community Garden Sports and Challenger's - 3:30-5:30pm Line Dancing 7-9:30 pm | 26 Women's Club 1-3 pm Tai Chi Cooking/ Boxing Club 3:30pm-5:30pm | 27 6-8:30 B2M/Youth Social Space Community Garden Winchester Square 4-5:30 Free Style Fridays – 3:30-5:30pm | 28 1:30-3 pm Girls Social and Recreational Program 3-6 Transformation: Basketball Workshop/Cooking/Snack 6-8:30 pm Social and Recreational Club |
| 29 2:30- 4:30 Hockey Club 4:45-8:30 Social and Recreational Club | 30 Women's Yoga at St. James Town Corner Sports and Challenger's - 3:30-5:30pm Voicemail 12:30-3:30 pm |  |  |  |  |  |

YOUTH PROGRAMS

Workshops on employability, arts leadership, recreation, skill building, and fun!

GEMS Girls Empowered for More Success! with Chantelle

Girls and Young Women sports, leadership, arts and social activities include arts, homework, games, outings and discussion girls contact Chantelle at ctargette@tngcs.org or DROP IN!

Girls Social and Sport Program
Saturdays 1:30-3 pm ages 13 to 24.

Contact Chantelle, Children and Youth Weekend Program Coordinator,
ctargette@tngcs.org
Or DROP IN to register



Co-ed KIDZ Recreation Transformation Club! for 10 to 13 year olds! Saturdays from 3 pm to 5 pm with Chantelle or Octavia

For **YOUTH** programming contact Chantelle, Youth Weekend Program Coordinator,
ctargette@tngcs.org
Or DROP IN to register

Drop In BASKETBALL games and Table Tennis: Saturday and Sunday from 4:30 to 8:30 pm*** when there are no other programs scheduled in the gym or field trips planned



Friday Night Social Space!
Check out Friday nights from 6-8:30pm at CNH. Sports, snacks and fun! Start your own Club and make the space your own! Contact Chantelle for more information.

For after school programs information or to sign up for a program, please speak to Michelle Ilios or Franclyn Clement
Milios@tngcs.org
Fclement@tngcs.org



Our **WOMEN'S CLUB** provides language-specific workshops in the Bengali, Tamil, Mandarin, Somali and Swahili and Focus on community engagement, employment, parenting skills, ending violence, and navigating Canadian systems. For more information about **Women's Programs** please contact Safia, Women's Program Coordinator 416-925-4363 ext. 120 or shirsi@tngcs.org



COMMUNITY DEVELOPMENT

Our **Community VOICEMAIL** Project is an alternative way for people to stay connected to their contacts. **Registration:** Mondays and Wednesdays from 12:30 to 3:30 at CNH. Contact: Julyata, Community Development Coordinator at 416-925-4363 ext.103 or jmekonnen@tngcs.org



Join us at our **Community Gardening programs** at Winchester Square Park, Allen Gardens and Regent Park. We will tend to our gardens and share food that we grow from our community garden plots in the neighbourhood. It's a great way to meet new friends! For more information contact: Julyata at jmekonnen@tngcs.org

COMPUTER ACCESS PROGRAM

As part of community development, we provide a free computer program at the reception area of 349 Ontario Street to community members.

EMPLOYMENT SERVICES Employment counselling, resumé writing and interview preparation; access to exclusive hiring fairs. Contact Long Wu lwu@tngcs.org at 416-691-7407 ext.323 to make an appointment.

THIS MONTH! The REPAIR CAFÉ on Sept 21st, 2019 from 12-4 pm. This community event will help you with free repairs of your broken items like small appliances, electronics, clothes, jewelry, computers, bikes and more. TOSS IT-NO WAY! Bring it to the Repair Café. For more information please contact Julyata, Community Development Coordinator at 416-925-4363 ext.103 or jmekonnen@tngcs.org