

Sun 星期日	Monday 星期一 Cantonese 粵語	Tuesday 星期二 Mandarin 國語	Wed 星期三	Thursday 星期四 Cantonese 粵語	Friday 星期五 Mandarin 國語	Sat 星期六
	<b>1 CIVIL DAY</b> 公民日 HOLIDAY 放假一天	<b>2</b> 10-11am Music Group 樂齡音韻 11am-12nn Beat for Life 動感人生 1:30-3:00Chinese History Sharing 趣談中國歷史	<b>3</b>	<b>4</b> 10-11:00am Acting Living 活力加油站 11am-12nn Sign language song 手語歌班(紅日) 1:30-3:00pm / 1:30-2:30pm Erhu class 二胡班 / Tech Teaching 電子教學	<b>5</b> 10-11am Chair Yoga 椅子瑜珈 11am-12nn Sign language song 手語歌(但願人長久) 1:30-2:30pm Tech Teaching 電子教學	<b>6</b>
<b>7</b>	<b>8</b> 10-11am Cup Beat Class 杯子節奏班 11:00am-12nn Acting Living 活力加油站 1:30-2:30pm Tech Teaching 電子教學	<b>9</b> 10-11am Music Group 樂齡音韻 11am-12nn Beat for Life 動感人生 1:30pm-2:30pm English Class 生活英語	<b>10</b>	<b>11</b> 10-11:00am Acting Living 活力加油站 11am-12nn Sign language song 手語歌(獅子山下) 1:30-3:00pm / 1:30-2:30pm Erhu class 二胡班 / Tech Teaching 電子教學	<b>12</b> 10-11am Chair Yoga 椅子瑜珈 11am-12nn Sign language song 手語歌(但願人長久) 1:30-2:30pm Tech Teaching 電子教學	<b>13</b>
<b>14</b>	<b>15</b> 10AM-3:00PM 仲夏嘉年華 SUMMER CARNIVAL 	<b>16</b> 10-11am Music Group 樂齡音韻 11am-12nn Beat for Life 養生運動 1:30-3:00Chinese History Sharing 趣談中國歷史	<b>17</b> DAY TRIP	<b>18</b> 10-11am Beat for Life 養生運動 11am-12nn Sign language song 手語歌班(獅子山下) 1:30-3:00pm / 1:30-2:30pm Erhu class 二胡班 / Tech Teaching 電子教學	<b>19</b> 10am-11am Cup Beat Class 杯子節奏班 11am-12nn Sign language song 手語歌(但願人長久) 1:30-2:30pm Tech Teaching 電子教學	<b>20</b>
<b>21</b>	<b>22</b> 10-11am Cup Beat Class 杯子節奏班 11:00am-12nn Acting Living 活力加油站 1:30-2:30pm Tech Teaching 電子教學	<b>23</b> 10-11am Music Group 樂齡音韻 11am-12nn Beat for Life 養生運動 1:30pm-2:30pm English Class 生活英語	<b>24</b>	<b>25</b> 10-11am Beat for Life 養生運動 11am-12nn Sign language song 手語歌班(獅子山下) 1:30-3:00pm / 1:30-2:30pm Erhu class 二胡班 / Tech Teaching 電子教學	<b>26</b> 10-12nn 八月生日會 August Birthday Party 1:30-2:30pm T Tech Teaching 電子教學 	<b>27</b>
<b>28</b>	<b>29</b> 10-11am Cup Beat Class 杯子節奏班 11:00am-12nn Acting Living 活力加油站	<b>30</b> 10-11am Music Group 樂齡音韻 11am-12nn Beat for Life 養生運動 1:30-3:00Chinese History Sharing 趣談中國歷史	<b>31</b>			

ZOOM : 894 178 6647

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\*5月30日起, 茶廳於週一及週四, 上午十時至下午三時開放. Tea Room opens at 10am-3pm on Monday and Thursday.

\*國語組活動於週五上午十時至下午三時於教會地庫進行. Mandarin program opens at 10am-3pm on Friday at the 8 Amroth Ave.

