

# CENTRAL NEIGHBOURHOOD HOUSE- 349 Ontario Street, Toronto, ON, M5A 2V8

## Program Calendar – September 2017



Community Development (in black) **Kidz Klub (in green)** **Women's Programs (in red)** **Girls Programs (in purple)** **Boys Program (in orange)** **Youth Programs (in blue)**

| SUNDAY  | MONDAY   | TUESDAY   | WEDNESDAY  | THURSDAY  | FRIDAY   | SATURDAY   |
|---|--|---|--|---|--|--|
|   |  | 29<br><b>Community Garden</b><br>Regent Park 10-11:30<br>   | 30<br><b>Community Garden-Allen</b><br>Garden 10-11:30<br><b>Voicemail</b> 12:30-3:30<br><b>Taste of Regent Park</b> 5-11<br><b>Line Dancing</b> 7-10        | 31 <b>Boyz2Men Step Up</b> 6-8<br>  | 1<br><b>Boyz 2 Men</b> 6-8 pm<br>Cooking, sports, talk circle<br>                                      | 2<br>1:30-3 Girls Social and Sports club<br>3-6 pm Transformation Club Busker Fest Trip!<br>6-8:30 pm Social and Recreational Club                                       |
| 3<br>2:30- 4:30 Hockey Club<br>4:30-8:30 Recreational Basketball, Table Tennis and Chess            | 4 <b>Labour Day</b><br><p style="text-align: center;"><b>CNH Closed</b></p>  | 5 Kidz Klub Starts! 3 to 6<br><b>WELCOME BACK!</b><br><b>Community Garden</b><br>Regent Park 10-11:30   | 6<br>Kidz Klub 3 to 6 pm<br>Math and Science<br><b>Community Garden-Allen</b><br>Garden 10-11:30<br><b>Voicemail</b> 12:30-3:30<br><b>Line Dancing</b> 7-10  | 7 <b>WELCOME BACK!</b><br><b>Mandarin 10-12 Tamil, East African, Bengali 1-3</b><br>Kidz Klub 3 to 6 pm<br>Literacy Games/Book Bank<br><b>Boyz2Men Step Up</b> 6-8 pm<br>Leadership, cooking, sports                                | 8<br>Kidz Klub 3 to 6 pm<br>Friday FUN!<br><br><b>Boyz 2 Men</b> 6-8 pm<br>Cooking, sports, mentoring  | 9<br>1:30-3 Girls Social and Sports club 3-6 pm<br>Transformation Club<br>6-8:30 pm Social and Recreational Club   |
| 10<br>2:30- 4:30 Hockey Club<br>4:30-7:30 Recreational Basketball,<br><b>BACK to School BBQ</b><br> | 11 Kidz Klub 3 to 6 pm<br>Drama and Arts/Crafts<br><b>Employment Services</b><br><b>8:30-4:30</b><br>Voicemail 12:30-3:30 pm<br><b>Line Dancing</b> 7-10<br> | 12 1-3 pm <b>English Conversation Starts!</b><br><b>Community Garden</b><br>Regent Park 10-11:30<br>Kidz Klub 3 to 6 pm<br><b>Girls Empowered for More Success GEMS Starts!</b> 6-8 pm                                  | 13<br>Kidz Klub 3 to 6 pm<br>Math and Science<br><b>Community Garden-Allen</b><br>Garden 10-11:30<br><b>Voicemail</b> 12:30-3:30<br><b>Line Dancing</b> 7-10 | 14<br><b>Tai Chi</b> 1-3 pm<br>Kidz Klub 3 to 6 pm<br>Literacy Games/Book Bank<br><b>Boyz2Men Step Up</b> 6-8 pm<br>Leadership, cooking, sport  | 15 Kidz Klub 3 to 6 pm<br><b>Boyz 2 Men</b> 6-8 pm<br>Cooking, sports                                  | 16<br>1:30-3 Girls Social and Sports club<br>3-6 pm Transformation Club swimming with Raymond<br>6-8:30 pm Social and Recreational Club                                  |
| 17<br>2:30- 4:30 Hockey<br>4- 8:30 Recreational Basketball, Games Table Tennis and Chess            | 18<br>Kidz Klub 3 to 6 pm<br>Drama and Arts/Crafts<br><b>Employment Services</b><br><b>8:30-4:30</b><br>Voicemail 12:30-3:30 pm<br><b>Line Dancing</b> 7-10  | 19 1-3 pm <b>Women's Club English Conversation</b><br>Kidz Klub 3 to 6 pm<br><b>Community Garden</b><br>Regent Park 10-11:30<br>First Fire starts! 4 pm<br><b>GEMS- Girls Empowered for More Success</b> 6-8 pm         | 20<br>Kidz Klub 3 to 6 pm<br>Math and Science<br><b>Community Garden-Allen</b><br>Garden 10-11:30<br><b>Voicemail</b> 12:30-3:30<br><b>Line Dancing</b> 7-10 | 21 Kidz Klub 3 to 6 pm<br>Literacy Games/Book Bank<br><b>Boyz2Men Step Up</b> 6-8 pm<br><b>First Fire Dance</b> 4 pm<br>  | 22<br>Kidz Klub 3 to 6 pm<br>Friday FUN!<br><br><b>Boyz 2 Men</b> 6-8 pm<br>Cooking, sports, mentoring | 23<br>1:30-3 Girls Social and Sports club<br>3-6 pm Transformation Club<br>6-8:30 pm Social and Recreational Club  |
| 24 2:30- 4:30 Hockey Club<br>4- 8:30 Recreational Basketball,<br>                                   | 25<br>Kidz Klub 3 to 6 pm<br>Drama and Arts/Crafts<br><b>Employment Services</b><br><b>8:30-4:30</b><br>Voicemail 12:30-3:30 pm<br><b>Line Dancing</b> 7-10  | 26 1-3 pm <b>Women's Club English Conversation</b><br>Kidz Klub 3 to 6 pm<br><b>First Fire Dance</b> 4- 7 pm<br><b>Community Garden</b><br>Regent Park 10-11:30<br><b>GEMS- Girls Empowered for More Success</b> 6-8 pm | 27<br>Kidz Klub 3 to 6 pm<br>Math and Science<br><b>Community Garden-Allen</b><br>Garden 10-11:30<br><b>Voicemail</b> 12:30-3:30<br><b>Line Dancing</b> 7-10 | 28 <b>Mandarin 10-12 Tamil, East African, Bengali 'Building Bridges' 1-3</b><br>Kidz Klub 3 to 6 pm<br>Literacy Games/Book Bank<br><b>First Fire Dance</b> 4- 7 pm<br><b>Boyz2Men Step Up</b> 6-8 pm<br><b>Lazer Tag</b> field trip | 29<br>Kidz Klub 3 to 6 pm<br>Friday FUN!<br><b>Boyz 2 Men</b> 6-8 pm<br>Cooking, sports, mentoring     | 30 1:30-3 Girls Social and Sports club Practice for the Tournament!<br>3-6 pm Transformation Club<br>6-8:30 pm Recreational Club Practice for the basketball Tournament! |

## YOUTH PROGRAMS

Workshops on employability, arts leadership, recreation, skill building, and fun!

### **GEMS Girls Empowered for More Success!**

Girls and Young Women sports, leadership, arts and social Tuesdays 6-8 pm, ages 14 to 18 **Junior GEMS ages 10 -14.** Activities include arts, homework, games, outings and discussion girls contact Chantel [cguthrie@cnh.on.ca](mailto:cguthrie@cnh.on.ca)

**Girls Social and Sport Program: Saturdays 1:30-3 pm** ages 13 to 24 with Raymond. Youth Program Coordinator [Rkoyo@cnh.on.ca](mailto:Rkoyo@cnh.on.ca)

**FIRST FIRE DANCE** Juniors (ages 7-12) and Seniors (ages 13-18) program at The Citadel. **Contact Dana to register** [akwego@councilfire.ca](mailto:akwego@councilfire.ca)

**KIDZ Transformation Club** for 8 to 13 year olds! Saturdays from 3 pm to 5 pm with **Raymond and Khimar'**

**CHESS Club** come sharpen your strategic game skills!

**Weekend HOMEWORK Club:** For high school students: Grades 9 to 12. contact **Khimar'**, [kmorgan@cnh.on.ca](mailto:kmorgan@cnh.on.ca)

For all **YOUTH** programming please contact **Raymond**, Youth Program Coordinator [Rkoyo@cnh.on.ca](mailto:Rkoyo@cnh.on.ca) **DROP IN** or call 416-925-4363 ext.150 **Drop In BASKETBALL, and Table Tennis:** Saturday and Sunday from 4:30 to 8:30 pm\*\*\* when there are no other programs scheduled in the gym or field trips planned

**BOYZ 2 MEN Club** **NEW!!! Boyz 2 Men STEP UP!** **THURSDAYS 6 to 8 pm** for ages 13 to 14 with Raymond. Mentoring, recreation, cooking and leadership! **B2M Seniors 6 to 8 pm** Friday evenings **for ages 15 to 17.** For questions or to register please contact **Raymond**, Youth Coordinator [Rkoyo@cnh.on.ca](mailto:Rkoyo@cnh.on.ca)



**Employment Services** available on Mondays 8:30-4:30 pm at CNH. Come in for employment counselling, résumé writing and interview preparation, and access to exclusive hiring fairs and events. Drop-in or contact [ahurl@neighbourhoodlink.org](mailto:ahurl@neighbourhoodlink.org) 416-691-7407 ext.323 to make an appointment

## Our Kidz Klub and Tutoring!

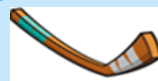
A free **Afterschool Program KIDZ KLUB** 3 to 6pm each weekday. Homework support, literacy, physical and social recreation activities, as well as snacks to the after school crowd. This program helps children foster positive relationships with their peers, and best of all-IT'S FUN! By registration only (no drop-in).



To register for Kidz Klub or Tutoring contact **Chantel**, Program Coordinator 416-925-4363 x101, cell 416-797-5043 [cguthrie@cnh.on.ca](mailto:cguthrie@cnh.on.ca)

## TUTORING PROGRAMMING

This program matches young students with tutors in our centre to help with homework. Volunteer tutors are carefully matched to provide an optimum learning experience. During the school year



**Peer Led Floor HOCKEY Club** Sundays from 2:30 to 4:30 pm

Our **WOMEN'S CLUB** provides language-specific workshops in the Bengali, Tamil, Mandarin, Somali and Swahili, as well as Amharic and Tagalog for our Beyond Borders violence prevention project. Workshops focus on community engagement, employment, parenting skills, ending violence, and navigating Canadian systems. Activities include yoga, Tai Chi, expressive arts, storytelling, line dancing and cooking. Informal counselling, support, and advocacy are also provided. **For more information about Women's Programs please contact Safia**, **Women's Program Coordinator 416-925-4363 ext. 120** or [shirsi@cnh.on.ca](mailto:shirsi@cnh.on.ca)

## COMMUNITY DEVELOPMENT

Our Community VOICEMAIL Project is an alternative way for people to stay connected to their contacts. **Registration:** Mondays and Wednesdays from 12:30 to 3:30 at CNH.

Join us at our **Community Garden** programs at Winchester Square Park, Allen Gardens and Regent Park. We will tend to our gardens and share food that we grow from our community garden plots in the neighbourhood. It's a great way to meet new friends! For more information contact: Edwin at [ehuang@cnh.on.ca](mailto:ehuang@cnh.on.ca)

**LINE DANCING** Toronto Wranglers. Workshop Mondays and Wednesdays 7-10 pm the first hour beginner instruction followed by an hour of improver and intermediate level dances along with open dancing. \*\*\*Drop-in fee of \$5.00 per class. Doors are only open from 6:45-7:30 pm [www.torontowranglers.com](http://www.torontowranglers.com)

