

CENTRAL NEIGHBOURHOOD HOUSE- 349 Ontario Street, Toronto, ON, M5A 2V8

Program Calendar – July 2017



Community Development (in black) **Kidz Klub** (in green) **Women's Programs** (in red) **Girls Programs** (in purple) **Boys Program** (in orange) **Youth Programs** (in blue)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>July 30 2:30- 4:30 p.m. Hockey Club 4:30-8:30 Recreational Basketball, Table Tennis and Chess</p>	<p>July 31 Summer Camp Employment Services 8:30-4:30 Voicemail 12:30-3:30</p>			<p>June 29 Women's Club Year End Potluck! 1-3 Boyz2Men Step Up Hockey night at CNH</p> 	<p>June 30 Boyz 2 Men 6-9 Workshop on Equality</p>	<p>1 Canada Day Holiday! CNH Closed "Community Wave" CNH/TNG Dragon Boat team competes in Regatta in Welland</p>
<p>2 2:30- 4:30 Hockey Club 4:30-8:30 Recreational Basketball, Table Tennis and Chess</p>	<p>3 Canada Day STAT Holiday! CNH Closed</p>	<p>4 Summer Camp starts 8:30 am Our Lady of Lourdes, 444 Sherbourne Halliburton Trip July 4-6th BUS leaves at 8:30 am! Community Garden Regent Park 10-11:30</p>	<p>5 Summer Camp Halliburton Trip Community Garden-Allen Garden 10-11:30 Voicemail 12:30-3:30 Taste of Regent Park 5-11 Line Dancing 7-10</p>	<p>6 Summer Camp Halliburton Trip back at 5 pm Boyz2Men Step Up 6-8:30 Game night (Monopoly) and cooking</p>	<p>7 Summer Camp Boyz 2 Men 6-9 Basketball, cooking/ Let's talk safety</p>	<p>8 1:30-3 Social and Recreational club 3-6 pm Transformation Club-Outdoor activity-based on city events 6-8:30 pm Social and Recreational Club</p>
<p>9 2:30- 4:30 Hockey Club 4:30-7:30 Recreational Basketball, Table Tennis and Chess 7:30- 9 pm Eid BBQ</p> 	<p>10 Summer Camp NEW!!Employment Services 8:30-4:30 Voicemail 12:30-3:30 pm</p>	<p>11 Summer Camp Community Garden Regent Park 10-11:30</p> 	<p>12 Summer Camp Community Garden-Allen Garden 10-11:30 Voicemail 12:30-3:30 Taste of Regent Park 5-11 Line Dancing 7-10</p>	<p>13 Summer Camp Boyz2Men Step Up Game night (dodgeball) and cooking</p>	<p>14 Summer Camp Boyz 2 Men 6-9 Cooking, basketball/ outdoor event</p>	<p>15 1:30-3 Social and Recreational club 3-6 pm Transformation Club-Basketball, cooking, workshop, BBQ 6-8:30 pm Social and Recreational Club</p>
<p>16 2:30- 4:30 Hockey Club 4- 8:30 Recreational Basketball, Table Tennis and Chess</p> 	<p>17 Summer Camp Employment Services 8:30-4:30 Voicemail 12:30-3:30 pm</p>	<p>18 Summer Camp Community Garden Regent Park 10-11:30</p> 	<p>19 Summer Camp Community Garden-Allen Garden 10-11:30 Voicemail 12:30-3:30 Taste of Regent Park 5-11 Line Dancing 7-10</p>	<p>20 Summer Camp Boyz2Men Step Up Game night and cooking</p>	<p>21 Summer Camp Boyz 2 Men 6-9 Adopt a Brother initiative</p>	<p>22 1:30-3 Social and Recreational club 3-6 pm Transformation Club-Lets Go Swimming 6-8:30 pm Social and Recreational Club</p>
<p>23 2:30- 4:30 Hockey Club 4- 8:30 Recreational Basketball, Table Tennis and Chess</p>	<p>24 Summer Camp Employment Services 8:30-4:30 Voicemail 12:30-3:30 pm</p>	<p>25 Summer Camp Community Garden Regent Park 10-11:30</p>	<p>26 Summer Camp Community Garden-Allen Garden 10-11:30 Voicemail 12:30-3:30 Taste of Regent Park 5-11 Line Dancing 7-10</p>	<p>27 Summer Camp Boyz2Men Step Up Game night and cooking</p>	<p>28 Summer Camp Boyz 2 Men 6-9 Movie Night</p>	<p>29 1:30-3 Social and Recreational club 3-6 pm Transformation Club-Dinner with Mom 6-8:30 pm Social and Recreational Club</p>

YOUTH PROGRAMS

Workshops on employability, arts leadership, recreation, skill building, and fun!

On break for the summer:

GEMS Girls Empowered for More Success!

Girls and Young Women sports, leadership, arts, talk, and speakers, Wednesdays 6-8 pm, ages 14 to 18 contact Chantel cguthrie@cnh.on.ca

Junior GEMS is Mondays 5-8 pm (except Stat Holidays).

Activities include arts, homework, games, outings and discussion girls **ages 10 -14.**

Girls Social and Sport Program: Saturdays 1:30-3 pm ages 13 to 24.

Co-ed KIDZ Recreation Transformation Club!

for 8 to 13 year olds! Saturdays from 3 pm to 5 pm with **Raymond and Khimar'**

CHESS Club come sharpen your strategic game skills!

On summer break:

Weekend HOMEWORK Club:

Supports students to achieve their best! For high school students: Grades 9 to 12. contact **Khimar'**, Children and Youth Worker kmorgan@cnh.on.ca

For all **YOUTH** programming please contact **Raymond**, Youth Program Coordinator raykoyo@cnh.on.ca

DROP IN or call 416-925-4363 ext.150 **Drop In BASKETBALL, and Table Tennis:** Saturday and Sunday from 4:30 to 8:30 pm*** when there are no other programs scheduled in the gym or field trips planned

BOYZ 2 MEN Club

NEW!!! Boyz 2 Men STEP UP! THURSDAYs for ages 13 to 14 with **Raymond** -recreation and leadership!

B2M Seniors 6 to 8:30 pm Friday evenings for **ages 15 to 17.** For questions or to register please contact **Raymond**, Youth Coordinator raykoyo@cnh.on.ca or **Makeeba** mfooster@cnh.on.ca



NEW!!! Employment Services available on Mondays 8:30-4:30 pm at CNH. Come in for employment counselling, résumé writing and interview preparation, and access to exclusive hiring fairs and events. Drop-in or contact ahurl@neighbourhoodlink.org 416-691-7407 ext.323 to make an appointment



On Break for the summer-runs during the school year:

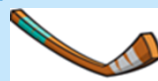
Our Kidz Klub and Tutoring!

A free **Afterschool Program KIDZ KLUB** 3 to 6pm each weekday. Homework support, literacy, physical and social recreation activities, as well as snacks to the after school crowd. This program helps children foster positive relationships with their peers, and best of all-IT'S FUN! By registration only (no drop-in).

To register for Kidz Klub or Tutoring contact **Chantel**, Program Coordinator 416-925-4363 x101, cell 416-797-5043 cguthrie@cnh.on.ca

TUTORING PROGRAMMING

This program matches young students with tutors in our centre to help with homework. Volunteer tutors are carefully matched to provide an optimum learning experience. During the school year



Peer Led Floor HOCKEY Club

Sundays from 2:30 to 4 pm

On break for July and August:

Our **WOMEN'S CLUB** provides language-specific workshops in the Bengali, Tamil, Mandarin, Somali and Swahili, as well as Amharic and Tagalog for our Beyond Borders violence prevention project. Workshops focus on community engagement, employment, parenting skills, ending violence, and navigating Canadian systems. Activities include yoga, Tai Chi, expressive arts, storytelling, line dancing and cooking. Informal counselling, support, and advocacy are also provided. **For more information about Women's Programs please contact Safia**, Women's Program Coordinator 416-925-4363 ext. 120 or shirsi@cnh.on.ca

COMMUNITY DEVELOPMENT

Our Community VOICEMAIL Project is an alternative way for people to stay connected to their contacts. **Registration:** Mondays and Wednesdays from 12:30 to 3:30 at CNH. Our Community Wave dragon boat team travels to the Welland International Flatwater Centre for the Canada Day regatta on July 1st from 10-6 pm. Directions here: <http://www.wifc.ca/site/contact>

Join us at our **Community Garden** programs at Winchester Square Park, Allen Gardens and Regent Park. We will tend to our gardens and share food that we grow from our community garden plots in the neighbourhood. It's a great way to meet new friends! For more information contact: Edwin at ehuangu@cnh.on.ca

LINE DANCING Toronto Wranglers. Workshop Wednesdays 7-10 pm the first hour beginner instruction followed by an hour of improver and intermediate level dances along with open dancing. ***Drop-in fee of \$5.00 per class. Doors are only open from 6:45-7:30 pm www.torontowranglers.com

